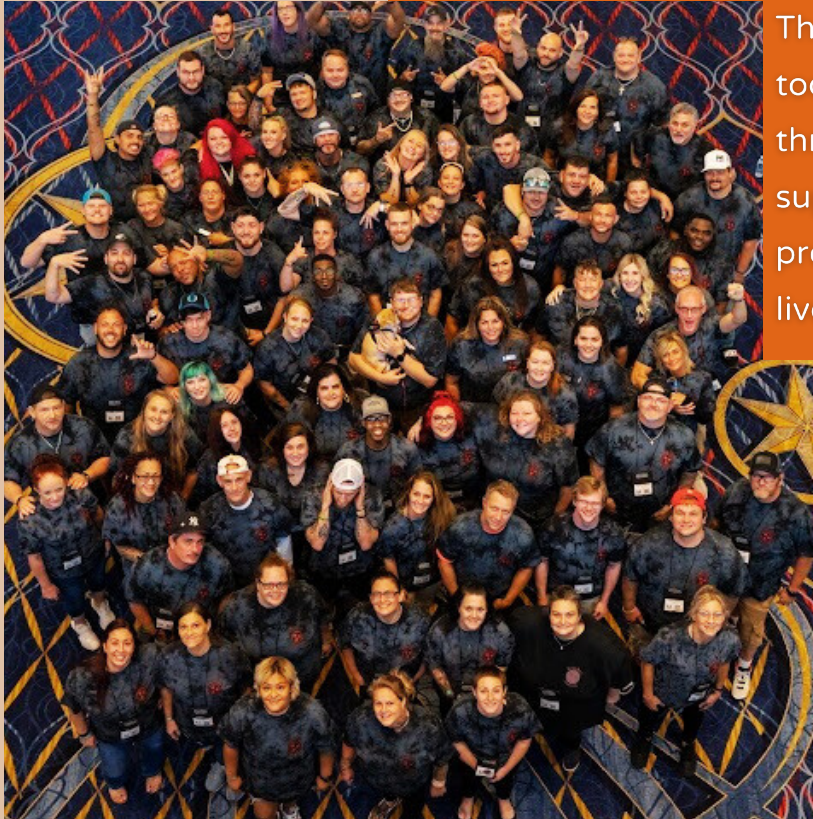
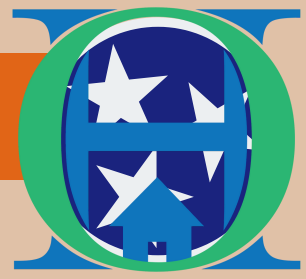


AUTUMN 2023

THE OXFORD TRI-STAR



The 24th Annual Oxford House World Convention took place in National Harbor, MD from August 31 through September 3, 2023. Members, alumni and supporters gathered to learn new information from professionals in the recovery field and peers who live or have lived in Oxford Houses.

QQ

I learned that it's more than just a place to stay. It's an opportunity to become a part of a family that has your back. QQ
-Kyle Faddis (Knoxville, TN)

- The Model
- The Experience
- The Vision

Approximately 100 members of Oxford Houses in Tennessee attended the Oxford House World Convention in National Harbor, MD. This year, nearly 2,500 members and alumni gathered from across the country to share experience, strength and hope with each other.



Oxford House Tennessee State Officers (from left to right) Melissa White, Tia Huddleston, Bobo Shelton, Vickie Carter, Brandie Ball, Jason Goodman and Jess Watters.

OXFORD HOUSE WORLD CONVENTION

My first World Convention was life-changing. It gave me the enthusiasm I had been lacking. I'm pregnant and I'll soon be a new mom. I gained confidence from this experience. I know I have a family and a love that I never could've dreamed of. My baby and I have an Oxford Family to love us and help me to continue to grow. They remind me that I can do this, even on my worst days. I can't wait to come back next year, and maybe bring baby Remington with me! Oxford Love.

-Savanah Beal (Jackson, TN)



The World Convention was amazing. I learned a lot and I'll be a better asset to my House, Chapter and State. I had the Oxford Bug before... But I'm definitely hooked now! I can't wait for the next event.

-Joshua Gouge (Johnson City, TN)

OXFORD HOUSE WORLD CONVENTION

Formal Banquet: We CLEAN up!



The unity of so many people coming together, rejoicing in their recovery was indescribable. Love, compassion, beauty, and laughter filled the room. The speaker shared his story and it was so touching to hear. We all have different backgrounds and stories, but we all shared the same gratitude that night. -Hannah Biggs (Nashville, TN)



UNITY IN TENNESSEE



Members around the state have gathered for unity events, fundraisers, and recovery festivals all Summer long. Oxford House Chapter 23 hosted a Chili Cook Off. Chapter 25 held a Field Day Fundraiser. Chapter 6 is planning a haircut fundraiser.

Recovery Month

September marks National Recovery Month. The tagline, “Every Person, Every Family, Every Community,” emphasizes that recovery is possible for everyone. All across the state, Recovery events become a regular occurrence. Outreach workers and House members shared information about Oxford House with their communities.





EXPANSION



Oxford House 615 (MC)
Home to 8 Men
Opened August 2023
Hermitage, TN

Oxford House Pontem
Home to 10 Men
Opened August 2023
Knoxville, TN



Oxford House Kahu
Home to 9 Men
Opened August 2023
Cookeville, TN



EXPANSION



Oxford House New Luna
Home to 9 Women
Opened August 2023
Nashville, TN

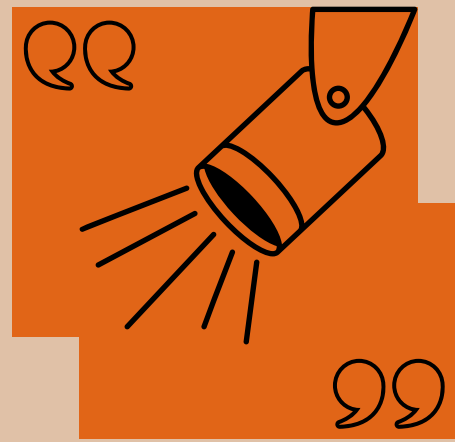


Oxford House Datum
Home to 9 Men
Opened September '23
Nashville, TN



MEMBER SPOTLIGHT

Antonio Washington Chattanooga



I live at Oxford House Crestone in Chapter 5. I'm the House Treasurer and was just voted to be a member of the World Council. World was absolutely amazing. The amount of love and positive energy was unmatched to anything I had ever seen. I felt so pulled into being a bigger part of Oxford.

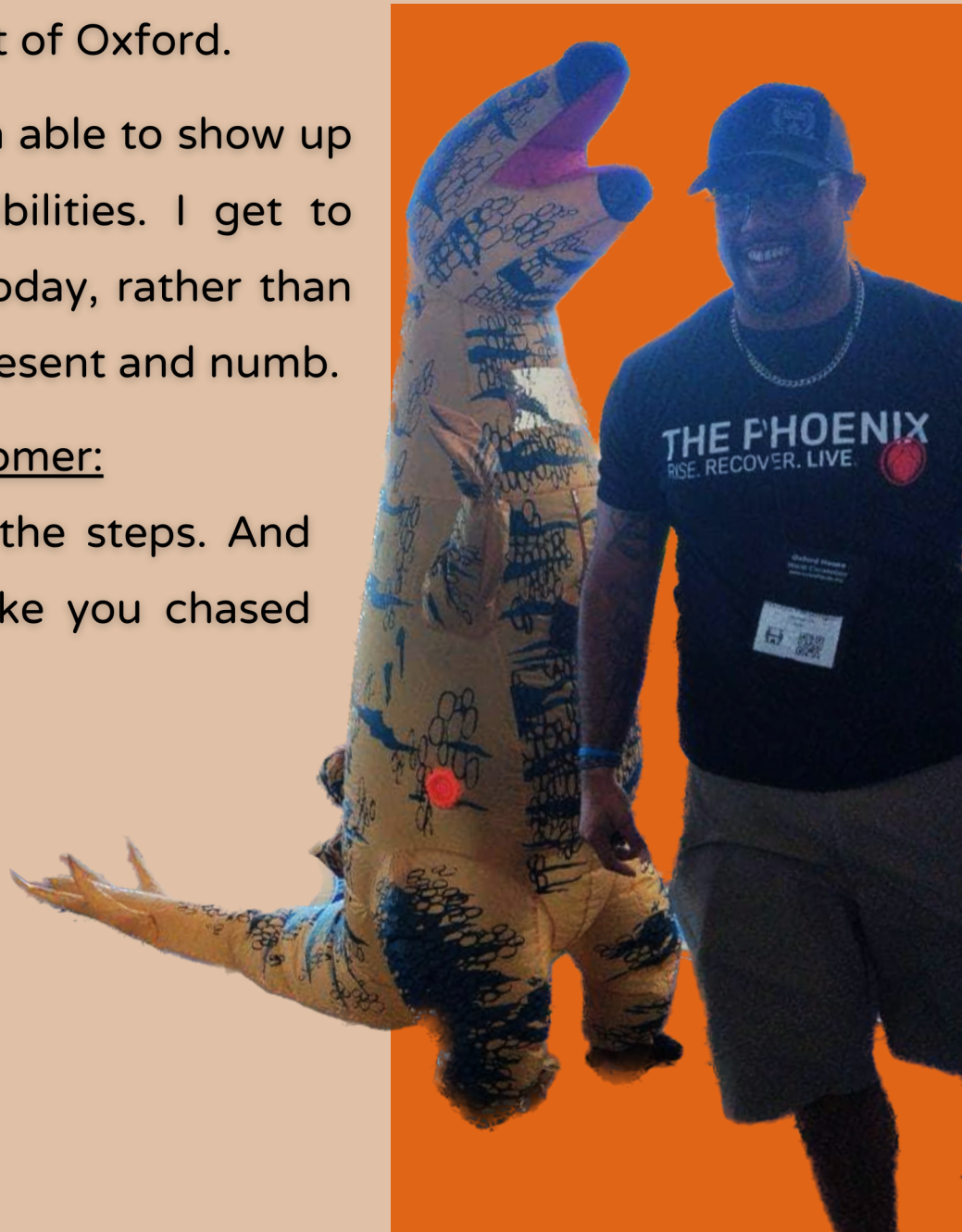
Since getting clean, I'm able to show up and face my responsibilities. I get to show up for my kids today, rather than just being physically present and numb.

My advice to the newcomer:

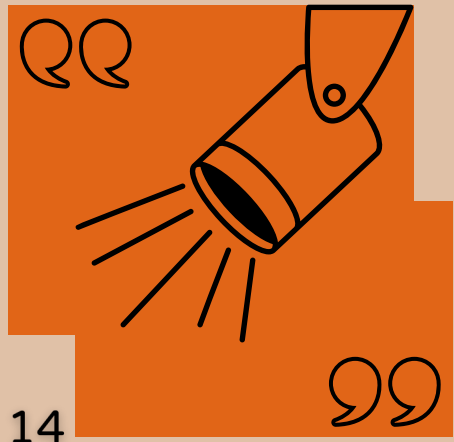
Find a sponsor. Work the steps. And chase your recovery like you chased your bag.

My goal for this year:

Continue to show my kids I'm dependable and a part of their lives.



MEMBER SPOTLIGHT



Vickie Carter Nashville

I live at Oxford House Nye. I'm the Chapter 14 Chairperson and the State HSC Chairperson. I came back to Oxford House in July 2022. Since coming back, I've gained sanity, peace and wisdom. Oxford House has given me a burst of determination and perseverance to grow independently. I've found the ability to see clearly and to be the best version of myself.

My advice to the newcomer:

Be open-minded. Take suggestions. Remain humble. No excuses. Get in the manual. Pay your EES and don't be lazy.

My goal for this year:

I've met so many of my goals already. I got my car. I'd like to complete my probation and work for Oxford House. I want to continue to be of service. To the whole country.



MEMBER SPOTLIGHT

Russell Jackson

Memphis

I live at Oxford House Faxon. I'm the Chapter 2 Chairperson. I gained a lot since moving into an Oxford House. Within 6 months I was able to buy a car without financing. Spiritually, I've gained patience and tolerance for all personalities. I've also gained the trust of my peers and the recovery community in Memphis. Life has changed so much in recovery. My perspective on life has changed. I'm humble and I never used to be this way.

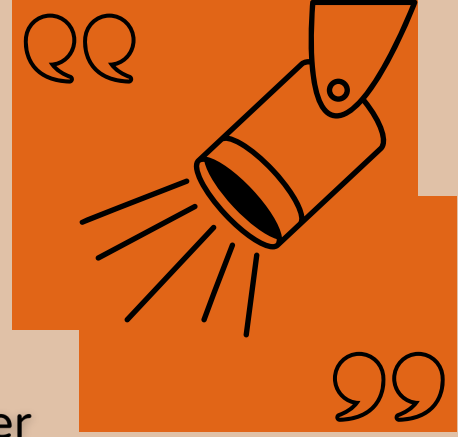
My advice to the newcomer:

Listen to the men and women who are living the Oxford way. Work a program, of course. Make sure to stay mentally present.



My goal for this year:

I'm working on buying my first home. When I buy it with my hard-earned money I know I will appreciate it and take care of it.



UPCOMING EVENTS

Oxford Campout

\$100 REGISTRATION OCTOBER 5-8, 2023

CONTACT STATE ASSOCIATION FOR REGISTRATION

USA RAFTS ERWIN, TN

SPEAKERS YOGA PRIZES

CAMPING RECOVERY GAMES

T-SHIRT SALES

SMORES

PUMPKIN CARVING CONTEST! BRING YOUR OWN PUMPKIN

STATE ASSOCIATION

MEETING 10/7 AT 10AM

BRING CAMPING SUPPLIES



UPCOMING EVENTS

FRIDAY THE 13TH FUNDRAISER

COME CELEBRATE WITH OXFORD
HOUSE FORTRESS

OCTOBER 13, 2023 | 6PM

FEATURING:
BIRTHDAY FUN, BBQ, &
FELLOWSHIP.

LEAVING FOR DEAD LAND
HAUNTED WOODS ABOUT 9PM
FOR ALL THAT WANT TO JOIN
IN ON THE FUN!



307 HAMBLEN COURT MURFREESBORO, TN



UPCOMING EVENTS

OH KNOXFORD PRESENTS

A FRIDAY THE 13th DOUBLE FEATURE

&

BAKE SALE

THE DETAILS:

WHEN: Friday and Saturday OCTOBER 13th & 14th

Where: 211 East Scott Ave Knoxville, TN 37917

\$10 minimum donation to go towards snacks drinks, and smores station

Bake goods for sale at additional cost!

BYO!- Bring your own inflatable, air mattress, lawn chairs, etc.

MOVIE TO START AT 7:30PM

UPCOMING EVENTS



Oxford House of
Memphis
**LET'S STRIKE
UP SOME FUN!**

October 21, 2023 7pm
Billy Hardwick's All Star Lanes
1576 S. White Station Rd.
Memphis, TN 38117

Contact ch.2 or ch.7 to sign up by Oct 7

UPCOMING EVENTS

OXFORD HOUSE NASHVILLE'S 2ND ANNUAL HALLOWEEN EXTRAVAGANZA

Costume Contest
Winner gets \$\$\$

When
Oct. 21st
5pm till Midnight

50/50 Raffle

Barbeque, Campfire,
Smores, Bobbing for
apples, DJ, Yard
Games, Board Games,
Speaker, Fellowship
and so much more!!!!

Location
3803 West Hamilton Rd.
Nashville Tn. 37218



UPCOMING EVENTS



OCTOBER FUNDRAISER

HALLOWEEN COSTUME CONTEST

PRIZES FOR 1ST, 2ND, AND 3RD PLACE!
PLUS PIZZA & GAMES!



SATURDAY | 21 OCTOBER, 2023
513 E. UNAKA AVE. JOHNSON CITY, TN 37601
6:00PM - 10:00PM

#10 SUGGESTED DONATION

MORE INFORMATION: JCRECOVERYCENTER.ORG

UPCOMING EVENTS

\$5 FACE
PAINTING

Food Plates, Drinks,
Popcorn Available for
Purchase!

CHAPTER 14
PRESENTS OUTDOOR

Movie
night



SATURDAY
OCTOBER 28TH



BRING A CHAIR OR BLANKET.
GAMES, RAFFLES & FUN
204 BEVERLY DR MADISON
Costumes Optional

UPCOMING EVENTS

OCT 28TH

OXFORD HOUSE REMIX PRESENTS

HALLOWEEN HORROR PARTY

DRESS TO KILL

7PM

BEST COSTUME CONTEST-FOOD-MUSIC

WE'RE DYING FOR YOU TO JOIN US

1214 KING SPRINGS ROAD, JOHNSON CITY, TN, 37601

NO BAKE PUMPKIN PIE



Ingredients

- 2 pre-made 9-inch graham cracker crusts
- 8 ounces of cream cheese, softened
- 1/2 cup of sugar
- 2 (8-ounce) containers of Cool Whip or other whipped cream
- 1 (3.4-ounce) box of instant vanilla pudding
- 1 cup of milk
- 2 cups of canned pumpkin
- 2 teaspoons of pumpkin pie spice
- 1 teaspoon of nutmeg
- 1 tablespoon of cinnamon

STEP ONE: Set out the graham cracker crusts so they're ready for the filling.

STEP TWO: For the bottom layer, add cream cheese, sugar, and one 8-ounce tub of Cool Whip in a large mixing bowl, then blend well with a hand mixer or stand mixer.

STEP THREE: Fill your pre-made crusts evenly with this layer.

STEP FOUR: Mix the pudding and milk, then stir until thick.

STEP FIVE: Add 2 cups of canned pumpkin, pumpkin pie spice, nutmeg, and cinnamon to the pudding and milk mixture. Stir until blended.

STEP SIX: Top the cream cheese layer with the pudding and pumpkin mixture.

STEP SEVEN: For the top layer, use the second 8-ounce container of Cool Whip to top the pies.

STEP EIGHT: Refrigerate for at least an hour before eating